

**WAIVER, RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR
LITHUANIAN FOLK DANCE ENSEMBLE "G R A N D I S"**

Please read this form carefully and be aware that, in signing up and participating in Lithuanian Folk Dance Ensemble "GRANDIS", you will be waiving and releasing all claims for injuries, arising out of these dance instructions and associated activities agreeing as follows:

As a participant in these dance instructions and associated activities, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such instructions or activities. I further recognize and acknowledge that all athletic activities involving exertion or potential body contact are hazardous and can involve substantial risks of injury. I agree to waive and relinquish any and all claims I may have as a result of participating in these dance instructions and activities against the Lithuanian Folk Dance Ensemble "GRANDIS", any and all other participating or cooperating organizational units, any and all independent, volunteers, officers, agents, servants, and any and all other persons and entities, of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in these dance instructions and associated activities. (The parties described in the preceding sentence are referred to as "release parties" in the remainder of this Agreement.)

I do hereby release and discharge the Lithuanian Folk Dance Ensemble "GRANDIS" and any other released parties from any and all claims for injuries, damage or loss which I may have or which may accrue to me on account of my participation in these dance instructions or associated activities. I further agree to indemnify, hold harmless and defend the Lithuanian Folk Dance Ensemble "GRANDIS", from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with or in any way associated with my conduct and the activities of these dance instructions and associated activities. I further understand and agree that the terms such as "participation", "dance instruction" and "activities", referred to in this Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision and anything related to my participation of the services involved in these dance instructions and associated activities, and transportation to and from any events. I understand the nature of these dance instructions and associated activities for which I am registering, and have read and fully understand these programs that I subsequently receive will be incorporated by reference into and become part of this Agreement.

Name of participant _____

Signature _____ Date _____
(Parent or guardian if under 18)